

StandUP

for Student Well-Being

literacy • arts • comedy

Program Outcomes

In a **One of A Kind** stand up comedy program, trained comedian coaches work as visiting artists to support youth with strategies for stress and anxiety. Youth enhance their arts and literacy skills by shaping their own stories.

- ★ Youth **write and perform** their own stories based on their own life experiences.
- ★ Youth **develop comedic skills** for ‘writing for performance’ and **confidence in public speaking**, using healthy humour.
- ★ Youth learn age-appropriate mental, social and emotional **well-being skills**.
- ★ Each curriculum-aligned program has a unique Playbook for **grades 4-6, 7-9 and 10-12**.

Flexible Program Options

One Day FunShop

- ★ An “in school field trip”
- ★ 1 or 2 Comedian Coaches
- ★ One class for a full day
- ★ Teachers learn alongside students

Six Session FunShop

- ★ One hour per session over 4-6 weeks
- ★ 1 or 2 Comedian Coaches
- ★ Up to three classrooms per school
- ★ Coaches collaborate with teachers in assisting students to edit & perform
- ★ Culminating Showcase Finale

FunCamp

- ★ During school breaks and summer
- ★ Tailored to your needs - from one day to a week-long program

Anita Townsend, Project Manager
anitatownsend@suswb.ca
416.460.1499
www.suswb.ca

A Not For Profit Company
(formerly Happiness at School)
Registered Charity Status pending

